



KEEP TALKING

The weekend doesn't have to end. Keep Talking with this week's guide.

The Pattern | Spiritual Disciplines

Pastor Carl

START TALKING - Find conversations starters for the group or with a friend.

Can you recall a time when something you now enjoy and is a good habit but at one time was a discipline you had to work hard at? What was that like and how did you learn to stick with it?

KEEP READING - Read the Scripture and ask a question to get the group thinking.

Romans 12:9 - 12 (NIV)

- What do you think are the Christ like characteristics that Paul wants us to grow in from what you've read?
- What are some other Christ like characteristics that are important for a Christ follower to display?

Pastor Carl shared that there is something deeply personal about following Jesus and how the pattern of our following needs to be both external and internal.

- What are some of external Christ like characteristics and why are they important?
- What are some of the internal Christ like characteristics and why are they important?
- What do you or your external and internal disciples say about who Jesus is to us?

KEEP TALKING - Choose questions to create openness.

Pastor Carl talked about three spiritual disciplines that many talk about:

1. Daily devotions
2. Financial giving
3. Gathered worship

- What stands out to you about these three spiritual disciplines?
- Is there a next step you need to take in one or all of them? What does that step look like?
- Sometimes things that are good for us feel like a discipline. What do you know is good for you as a follower of Jesus that feels like a discipline?

KEEP MOVING/GOING -Commit to a step and live it out this week.

There is an aspect of the Christian faith that we cannot experience when we are not with others. We are all part of this community but we have to choose to participate in this community. What can you do this week to participate and play your part in community?

KEEP PRAYING

- Pray for one another in areas where you may be struggling with some of the disciplines of following Jesus. Take time to do this and perhaps commit to helping one another in a particular area.