

**KEEP TALKING** 

The weekend doesn't have to end. Keep Talking with this week's guide.

# The Pattern | Renew Your Mind

**Pastor Carl** 

#### **START TALKING** - Find conversations starters for the group or with a friend.

What patterns do you notice around your life right now that either encourage or discourage you? What is it about them that causes this emotion?

## **KEEP READING** - Read the Scripture and ask a question to get the group thinking. **Philippians 3:17** (AMP); **Romans 12:1** - **2** (NIV); **Luke 10:27** (NIV)

- What does Paul mean by the *pattern* of this world?
- Is there anything that fresh that stands out to you from what you've read?

Pastor Carl talked about how the world is not going to stop trying to mould you into its pattern and therefore we have to be on high alert.

- What is about the pattern of this world that becomes so attractive?
- In Lk 10:27 Jesus gives us a pattern. Why is this so counter-cultural to the world's pattern?
- In 2 Cor 10:5 we're encouraged to take captive every thought. Why is this so important?

### **KEEP TALKING** - Choose questions to create openness.

Pastor Carl gave us six steps to a renewed mind:

- 1. Stop waiting for a miracle to change your mind.
- 2. Control your thoughts.
- 3. What you feed your mind with becomes a mindset.
- 4. Confess what you believe, not what you feel.
- 5. Resist negative thoughts, assist positive thoughts.
- 6. Expect miracles.

- Why do you believe our mind so key to the pattern we live by?
- The enemy wants to keep you locked in negativity. How do we break that pattern?
- Share with one another how you stay on the journey of living with a renewed mind?

#### KEEP MOVING/GOING -Commit to a step and live it out this week.

Renewing your mind is a process and every day we have to fight for it. Take some time to reflect on the six steps Pastor Carl has given us for a renewed mind and identify, with friends if helpful, what areas you've become stuck in. Invite the Holy Spirit to come and lead you in transformation and towards a renewed mind.

#### **KEEP PRAYING**

• Pray for those in your Connect Group or those you serve alongside that they may live according to the pattern of the Kingdom this week. Why not text them and encourage them with scripture .